

Enhancing
the lives of
others

MIND





Enhancing the lives of others

The Mind Group are a family of community based organisations, proud of our local roots, and dedicated to enriching the lives of others through specialised services, help and support.

From nursery and toddler care for the little people taking their first steps in life, to the older amongst us needing friendship and support, or more personal services for those unable to care for themselves, we believe every individual deserves the best.



Our Group is committed to enhancing the lives of others and the health of the community as a whole. We embrace equality, diversity and the right to life for members of our community.

We are Disability Confident and understand the talents and skills that disabled people can bring to the workplace.

Teaching life skills to those with learning difficulties and for those individuals wanting to better themselves through training and education, we believe in shared prosperity for all.

As part of our commitment, for both our service users and staff, and to ensure all business entities are legally compliant and safe, the Mind Group employs its own qualified health and safety manager to oversee the group companies.

Working with local government, national government, and trade accreditation bodies – from Ofsted to the Care Quality Commission– we take collective responsibility in our safeguarding policies and procedures to ensure we offer the peace of mind to everyone using our facilities, or relying on our services for those they love and care for.

The following overviews offer a more detailed explanation of the Group companies and the products and services offered.

Welcome to the Mind Group.





Community really matters

Community in Mind is a Day Service for young adults with mild learning disabilities and for over 65s with mild needs.

This specialist day care service offers meaningful activities and the chance to get involved in our local community. From cooking skills, local history and crafts, exercise sessions to health screening sessions from health professionals, this is a refreshing and unique alternative to conventional day care.

We want to help you get the most out of your life. Sometimes that might mean enabling you to meet new people and take part in a range of social activities, making new friendships.

Even if you just want a change of scenery and to take in the morning newspapers in a friendly environment, your needs will always be our top priority.

In addition to the above, we can offer:

- Life skills.
- Computer skills.
- Daily living skills.
- Access to our communal garden, a place to relax and enjoy nature at its best.
- Special performances from our Curious Minds children from the children's nursery next door.

Our aim is to provide a high standard of care and support to people within the community to gain life skills, where they will be given the opportunity to remain as independent as possible. Our passion and motivation is to help people feel important and involved in decisions about their lives, their care and their support.

Framed around a detailed, risk-assessed outcome, we will work closely with our service users and their families (or people acting on their behalf) listening to their needs, beliefs, preferences and goals and respecting these when personalising their support plan. We provide the support and guidance required for their safety, well-being and needs.





A nursery for curious minds

Choosing the right nursery for your child can be a daunting task; thankfully, many of our staff can empathise, having experienced this emotional event themselves. Rest assured we are here to ensure a smooth transition, and should you choose 'Curious Minds' your child truly could not be better cared for.

Curious Minds Nursery is an Ofsted Accredited Nursery based in a historic listed building on Norton Road, Stockton on Tees, which has been renovated to provide an extension of your home, creating a calming, safe and secure space that helps the children feel free whilst at the same time enabling them to concentrate better when they need to.

We passionately believe in 'The Curiosity Approach'. This is a modern-day approach that fits perfectly in current changing technological times.

Bringing curiosity, awe and wonder into early childhood and creating the 'thinkers and doers' of the future, we aim to empower and ignite passion and excitement in practitioners.

The nursery service provides:

- Baby room 0-2 years.
- Toddler room 2-3 years.
- Preschool 3-5 years.
- Our carefully selected, and fully qualified team.
- The Early Years Foundation Stage (EYFS) sets standards for the learning, development and care of your child from birth to 5 years old.
- A shared community garden and spending time outdoors visiting local places of interest in the community.
- A menu inspired by cultures from around the world.





HOMECARE
with You in Mind



Our passion is home care

Home Care, with You in Mind, is a care provider with experience, passion, and drive dedicated to providing high standards and quality of care.

We take pride in creating a flexible and quality personal home care service created with you, and for you, supporting your independence.

We make every effort to provide you with the best value and highest quality services at all times.

We promote our service users' independence. Our staff encourage and support them to achieve as many daily life skills as possible. We offer our service users a dedicated, compassionate and experienced Care Team who will support and maintain a quality of life or improve your overall wellbeing when you need it most. Our services will always promote equality and diversity in all aspects of care delivery.

At Home Care, with You in Mind, we aim to provide friendly, flexible, personal, professional care and support that is quality driven. We will promote and reflect the values that focus upon the individual. This is central to the care service planning and delivery of care, and includes a unique person-centred care plan to capture all individual needs and wishes. Above all else, we value the wellbeing of each individual and their right to freedom of choice, and to be treated with respect and dignity so they maintain control over what happens in their lives and own home.

Our care services include:

- Personal care.
- Specialist care.
- Palliative and end of life care.
- Complex care.





Training for a brighter future

In an ever-changing world, training and education is an important building block for both individuals wanting to better themselves, and for the continued success of any business.

With over 30 years' experience, Empower People Development offers both instructor-led, and online training to provide the skills required, through delivering bespoke and flexible courses designed to meet the needs of the student and industry.

There is enormous value in equipping staff with all the skills they need to work efficiently and effectively. Acquiring new skills allows individuals to grow, to perform better, to increase productivity and ultimately to become better leaders.

In partnership with public bodies and private companies, we take the stress out of training and our tailored packages are cost effective, will meet your budgets and deliver a fantastic return on investment.

Our training services include:

- A bespoke training package that will meet your needs.
- Flexible training that meets the demands of your business.
- Training across all staff and at all levels.
- A cost package that will meet your budgets and show a return on investment.
- Training programmes that are managed to your requirements.





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